

EXERCISE AND SPORT SCIENCE -Fitness Professional- BA (120 hrs.) Effective 2012

NAME	PID	Optional 2nd Major or Minor
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FOUNDATIONS

English Comp. and Rhetoric	Foreign Language* HSFL(s) _____		Quant. Reas. (QR)	Lifetime Fitness (LFIT)
ENGL 105 _____	1. _____	3. _____		(1hr.)
	2. _____	4. _____		

* Through Level 3

APPROACHES

Phys. and Life Sciences (PL/PX) **	Social and Behavioral Sciences ***	Humanities/Fine Arts
CHEM 101 _____ 101L _____ OR BIOC 107 _____	Hist. Analysis (HS):	Vis. & Perf. Arts (VP):
BIOL 101 _____ 101L _____	Soc.Sci./Hist. Analysis. (SS/HS):	Literary Arts (LA):
	Soc.Sci./Hist. Analysis. (SS/HS):	Phil. Reasoning (PH):

** CHEM 101/L is preferred.

*** From at least two departments.

CONNECTIONS

Communication Int. (CI)	Quant. Int. (QI) or 2nd Quant. Reas. (QR)	Experiential Ed. (EE)	Global Issues (GL)
BIOL 101/101L _____	EXSS 273 _____	EXSS 425 _____	
US Diversity (US)	North Atlantic World (NA)	World before 1750 (WB)	Beyond the NA (BN)

SUPPLEMENTAL EDUCATION Cannot be a course from the major department or any course used to satisfy major requirements. May only double with Connections. A second major or minor, once completed, meets Supplemental Ed. **Courses must be 3 hours or more.**

	1. >199	2. >199	3. >199
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MAJOR/MINOR/ELECTIVES

EXERCISE & SPORT SCIENCE (12 courses, 34-35 hours)♦		Optional Minor: _____	Electives	Electives
Core Courses**	Other Major Requirements			
175 _____	273* _____			
188 _____	360 _____			
220 _____	376* _____			
276 _____	385* _____			
	408 _____ 410L _____ 412 _____ 425 [pre-req. 220, 385, 408, 410L, & 412] (1-2) _____	♦ 18 hours ≥ C (not C-) needed in required major courses. No more than 45 hours of EXSS courses will count toward graduation. *EXSS 273, 376 and 385 have a pre-requisite of Math 110. Note: Many courses in this major have prerequisites - please consult the Undergraduate Bulletin to learn the proper sequencing of courses. **Must earn grade of C (not C-) or better		

This tally assumes successful completion of presently enrolled courses (not AB or IN), and it does not account for all possible overlaps

Date/Advisor	Date/Advisor	Date/Advisor	Date/Advisor
Remaining courses after this term: ____ Foundations _____ ____ Approaches _____ ____ Connections _____ ____ Supplemental _____ ____ Major 1 (hrs C ____) _____ ____ Major /minor (hrs C__) _____ ____ Other _____	Remaining courses after this term: ____ Foundations _____ ____ Approaches _____ ____ Connections _____ ____ Supplemental _____ ____ Major 1 (hrs C ____) _____ ____ Major /minor (hrs C__) _____ ____ Other _____	Remaining courses after this term: ____ Foundations _____ ____ Approaches _____ ____ Connections _____ ____ Supplemental _____ ____ Major 1 (hrs C ____) _____ ____ Major /minor (hrs C__) _____ ____ Other _____	Remaining courses after this term: ____ Foundations _____ ____ Approaches _____ ____ Connections _____ ____ Supplemental _____ ____ Major 1 (hrs C ____) _____ ____ Major /minor (hrs C__) _____ ____ Other _____
Hrs to date: _____ Hrs. in progress: _____ Total after this term: - 2x/HSFL/>24 _____ Hrs remaining to grad _____ Semesters Left: _____	Hrs to date: _____ Hrs. in progress: _____ Total after this term: - 2x/HSFL/>24 _____ Hrs remaining to grad _____ Semesters Left: _____	Hrs to date: _____ Hrs. in progress: _____ Total after this term: - 2x/HSFL/>24 _____ Hrs remaining to grad _____ Semesters Left: _____	Hrs to date: _____ Hrs. in progress: _____ Total after this term: - 2x/HSFL/>24 _____ Hrs remaining to grad _____ Semesters Left: _____