

## EXERCISE AND SPORT SCIENCE – BA (120 hrs)

<b>NAME</b>	<b>PID</b>	<b>Optional 2<sup>nd</sup> Major or Minor</b>
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### FOUNDATIONS

English Comp. and Rhetoric	Foreign Language* HSFL(s) _____	Quant. Reas. (QR)	Lifetime Fitness (LFIT)
ENGL 101 _____	1. _____	3. _____	(1 hr.)
ENGL 102 _____	2. _____	4. _____	

\* Through Level 3 unless placed into Level 4 of HSFL

### APPROACHES

Phys. and Life Sciences (PL/PX)	Social and Behavioral Sciences ***	Humanities/Fine Arts
EXSS 175 or 276 _____	Hist. Analysis (HS):	Vis. & Perf. Arts (VP):
BIOL 101 _____ 101L _____	Soc.Sci./Hist. Analysis (SS/HS):	Literary Arts (LA):
	Soc.Sci./Hist. Analysis (SS/HS):	Phil. Reasoning (PH):

\*\*\* From at least two departments

### CONNECTIONS

Communication Int. (CI)	Foreign Lang. Int. (FI)	Quant. Int. (QI) or 2nd Quant. Reas. (QR)	Experiential Ed. (EE)
BIOL 101/101L _____	N/A	EXSS 273 _____	
US Diversity (US)	North Atlantic World (NA)	World before 1750 (WB)	Beyond the NA (BN)
			Global Issues (GL)

**SUPPLEMENTAL EDUCATION** Distributive: must be >199 and from three divisions other than that of the primary major; may double with Connections

Integrative: can also double with Connections, courses must be > 199 for more info go to: <http://www.unc.edu/depts/uc/clusterintro.html>

<input type="checkbox"/> Distributive <input type="checkbox"/> Integrative	1. _____	FA HUM NAT SSB	2. _____	FA HUM NAT SSB	3. _____	FA HUM NAT SSB
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### MAJOR/MINOR/ELECTIVES

EXERCISE & SPORT SCIENCE ♦ (8 Courses – 24 Hours)	Optional Minor: _____	Electives	Electives	Electives
101 _____	_____			
175 _____	_____			
181 _____	_____			
273* _____	_____			
276 _____	_____			
376 _____	♦ 18 hours ≥ C (not C-) needed in required major courses. No more than 45 hours of EXSS courses will count toward graduation. * EXSS 273 and 385 have a pre-requisite of Math 110			
380 _____				
385* _____				

**This tally assumes successful completion of presently enrolled courses (not AB or IN), and it does not account for all possible overlaps**

Date/Advisor	Date/Advisor	Date/Advisor	Date/Advisor
Remaining courses after this term:	Remaining courses after this term:	Remaining courses after this term:	Remaining courses after this term:
_____ Foundations _____	_____ Foundations _____	_____ Foundations _____	_____ Foundations _____
_____ Approaches _____	_____ Approaches _____	_____ Approaches _____	_____ Approaches _____
_____ Connections _____	_____ Connections _____	_____ Connections _____	_____ Connections _____
_____ Supplemental _____	_____ Supplemental _____	_____ Supplemental _____	_____ Supplemental _____
_____ Major 1 (hrs C _____) _____	_____ Major 1 (hrs C _____) _____	_____ Major 1 (hrs C _____) _____	_____ Major 1 (hrs C _____) _____
_____ Major /minor (hrs C _____) _____	_____ Major /minor (hrs C _____) _____	_____ Major /minor (hrs C _____) _____	_____ Major /minor (hrs C _____) _____
_____ Other _____	_____ Other _____	_____ Other _____	_____ Other _____
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Hrs to date: _____	Hrs to date: _____	Hrs to date: _____	Hrs to date: _____
Hrs. in progress: _____	Hrs. in progress: _____	Hrs. in progress: _____	Hrs. in progress: _____
Total after this term: _____	Total after this term: _____	Total after this term: _____	Total after this term: _____
- 2x/HSFL/>24 _____	- 2x/HSFL/>24 _____	- 2x/HSFL/>24 _____	- 2x/HSFL/>24 _____
Hrs remaining to grad _____	Hrs remaining to grad _____	Hrs remaining to grad _____	Hrs remaining to grad _____
Semesters Left: _____	Semesters Left: _____	Semesters Left: _____	Semesters Left: _____