

Program Mission: The Bachelor of Science in Public Health (B.S.P.H.) program in nutrition introduces the undergraduate student to the science of nutrition in health and disease and to social and behavioral aspects of eating in the context of public and individual health. The Department of Nutrition is one of the top-ranked nutrition departments in the country. The curriculum offers a range of courses on the nutritional and epidemiological aspects of human diseases. Students who graduate with a B.S.P.H. degree in nutrition have the necessary prerequisites for applying to schools of medicine, dentistry, pharmacy and veterinary medicine, as well as other graduate programs in nutrition and to participate in nutrition research projects or explore other related areas of interest.

What are the strengths of our program?

Our supportive learning environment: The small size of our program (20-25 students per cohort), coupled with faculty and staff commitment to student success, helps create a very supportive learning environment.

The applied nature of our curriculum: Students in our program participate in a variety of real-world projects that allow them to apply the knowledge and skills learned in the classroom to problems in the field of public health.

Admission to the program is very competitive. Strong applicants have excellent academic performance with particular attention to the prerequisites, strong written and oral communication skills, demonstrated interest (through voluntary or work experiences) in the field of nutrition or public health broadly, strong references (e.g. from teachers or principals, professors, and/or employment supervisors), professionalism and maturity, and ability to work well on teams.

What are the admission requirements?

- Recommended overall GPA: 3.0 or higher
- Online application, 3 letters of recommendation, transcript, statement of purpose, and resume

Prerequisites (grade of C or better):

- BIOL 101/101L
- CHEM 101/101L, 102L
- MATH 231 or 241
(Courses in mathematics not completed during the first two years may be taken during the junior year.)

Prerequisites (grade of B- or better):

- BIOL 252/252L
- CHEM 102
- CHEM 261
- NUTR 240

Core Courses (grade of C or better):

- Public policy core courses: BIOS 600, ENVR 600, EPID 600, HBEH 600, and HPM 600
- NUTR 295 (three or four semesters pending honors research), 400, 600, 611, 620, and 692H (optional)

Additional Basic Science Requirements (grade of C or better):

- BIOL 202
- CHEM 241/241L and 262/262L
- PHYS 114 or 118
- PHYS 115 or 119

Experiential Learning

Two courses in nutrition include experiential components (NUTR 245 and 295). However, NUTR 295, available only to nutrition majors, fulfills the General Education experiential education requirement.

Undergraduate Research

To enhance students' general education and help them decide whether a research career is something they might pursue, all B.S.P.H. nutrition students are required to complete nutrition research, either as part of the honors thesis or as independent research.

Honors in Nutrition

The Department of Nutrition provides an opportunity for honors study for qualified students. To be eligible for admission to the honors program students must have, at a minimum, a cumulative grade point average of 3.3 at the beginning of their senior year and maintain the GPA throughout the major if they intend to pursue honors. Students register for NUTR 295 (three credits) every semester, and then, NUTR 692H (three credits) in their final semester while completing an honors thesis in Nutrition.

Undergraduate Awards

Nutrition honors research students may apply for the Honors Undergraduate Research Awards. The application is available on the Honors Carolina Web site (honorscarolina.unc.edu). Students also may be considered for any of the following awards: Chancellor's Awards for Excellence in Student Activities and Leadership, The Order of the Golden Fleece, The Order of the Grail-Valkyries, The Order of the Old Well, Frank Porter Graham Honor Society, Phi Beta Kappa, and the Joseph Edozien Outstanding Undergraduate Award in Nutrition.

Special Opportunities in Nutrition**Departmental Involvement**

The Nutrition Coalition (studentorgs.unc.edu/nc) is an organization of students enrolled in one of the department's four degree programs. The coalition meets several times each semester to address student concerns and to plan service and social activities. Open to the entire University, the coalition strives to broaden the scope of understanding of the various fields and environments in which nutrition is making advances. "A is for Apple" is a student-led, volunteer organization aimed at teaching basic nutrition principles to local elementary school students. Career development workshops are available each year to provide guidance for students applying to graduate and medical schools.

Post-Graduation Placements

More than 90% of seniors will choose to go directly into graduate or professional school. Below is a sample of employers and graduate and professional degree programs pursued by our recent graduates:

Sample of Graduate and Professional Schools

Graduate Schools	Professional Schools
UNC Gillings School of Global Public Health – virtually all departments for master’s and/or doctoral programs	UNC Schools of Medicine, Dentistry, Pharmacy, Physical Therapy
The Johns Hopkins Bloomberg School of Public Health – many departments for master’s and/or doctoral programs	East Carolina University Schools of Medicine, Dentistry
University of Michigan School of Public Health – many departments	University of Michigan Medical School
Emory Rollins School of Public Health – many departments	The Johns Hopkins School of Medicine
Harvard T.H. Chan School of Public Health – many departments	Tufts University School of Medicine (MD/MBA)
Yale School of Public Health – many departments	Wake Forest University

Interested in more information?

- Visit our website: <http://sph.unc.edu/nutr/degrees> (BSPH Handbook)
- Attend an information session:
Friday, October 13, 2017, BSPH Open House from 3:00 PM – 4:00 PM in the Michael Hooker Research Center Atrium in the Gillings School of Global Public Health
- Contact Miroslav Styblo, Program Director, CB# 7461, 2302 Michael Hooker Research Center, 919.966.5721, styblo@med.unc.edu.