

## EXERCISE AND SPORT SCIENCE

### Fitness Professional- BA (120 hrs.) Effective 2020

NAME	PID	Optional 2 <sup>nd</sup> Major or Minor
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#### FOUNDATIONS

English Comp. and Rhetoric	Foreign Language*		Quant. Reas. (QR)	Lifetime Fitness (LFIT)
	1.	3.		(1hr.)
	2.	4.		

\* Through Level 3

#### APPROACHES

Phys. and Life Sciences (PL/PX) **	Social and Behavioral Sciences ***	Humanities/Fine Arts
CHEM 101/ CHEM 101L or BIOC 107	Hist. Analysis (HS):	Vis. & Perf. Arts (VP):
<b>BIOL 101</b>	Soc.Sci./Hist. Analysis. (SS/HS):	Literary Arts (LA):
<b>BIOL 101L</b>	Soc.Sci./Hist. Analysis. (SS/HS):	Phil. Reasoning (PH):

\*\* CHEM 101/L is preferred.

\*\*\* From at least two departments.

#### CONNECTIONS

Communication Int. (CI)	Quant. Int. (QI) <u>or</u> 2nd Quant. Reas. (QR)	Experiential Ed. (EE)	Global Issues (GL)
<b>BIOL 101L</b>		<b>EXSS 593</b>	
<b>US Diversity (US)</b>	<b>North Atlantic World (NA)</b>	<b>World before 1750 (WB)</b>	<b>Beyond the NA (BN)</b>

**SUPPLEMENTAL EDUCATION** Cannot be a course from the major department or any course used to satisfy major requirements. May only double with Connections. A second major or minor, once completed, meets Supplemental Ed. **Courses must be 3 hours or more.**

	1. >199	2. >199	3. >199
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#### MAJOR/MINOR/ELECTIVES

EXERCISE & SPORT SCIENCE, Fitness Professional (34 hours**) ♦		Additional Requirements			
<b>CORE REQUIREMENTS</b>		CHEM 101/ CHEM 101L or BIOC 107  CHEM 101 requires MATH 110 as a prerequisite.			
175	376				
220	380 or 385				
276	408 or 478		BIOL 101		
360	410		BIOL 101L		
**If EXSS 593 is taken for fewer than 9 hours, additional EXSS courses must be taken to reach 34 total hours. If more than one additional course is required to reach 34 hours, at least one of them must be > 199.			♦ 18 hours ≥ C (not C-) needed in required major courses. No more than 45 hours of EXSS courses will count toward graduation.  Note: Many courses in this major have prerequisites - please consult the Undergraduate Bulletin to learn the proper sequencing of courses.  Interested students should attend the organizational meeting held approximately two to four weeks before spring and fall registration begins. The exact date/time/place will be posted in Fetzter Hall and online.		

Remaining courses after this term:	Hours to be deducted:	Hours Tally:	Notes:
___ Foundations _____	Repeated courses _____	Hours to date: _____	
___ Approaches _____	HSFL _____	Hours in progress _____	
___ Connections _____	Online courses > 24 _____	Pending Study Abroad* _____	
___ Supplemental _____	Other _____	Subtotal _____	
___ (hrs C _____) _____	Professional School > 30 _____	Hours deducted _____	
___ (hrs C _____) _____	Hours in subject (BA) > 45 _____	Hours after this term _____	
___ (hrs C _____) _____	Total _____	Hours remaining to grad _____	
___ Requirements subtotal _____		Semesters left _____	
___ <b>Total</b> _____			
		*Pending study abroad hours may differ from hours earned.	

**This tally assumes successful completion of presently enrolled courses (not AB or IN), and it does not account for all possible overlaps**