To accomplish my goals at Carolina I need to…

read more efficiently.

Resources
- Visit the Learning Center. The Learning Center has many reading resources and can meet with you individually to provide reading strategies.

TIPS:

Pre-reading
- Get to know your reading. Scan the chapter, article or book you are about to read. Read the summary or abstract.
- Think about why you are reading this text and what you need to get out of it. Set a PURPOSE to your reading.
- If reading a textbook with chapter summaries at the end of the chapter, read the summaries first and then read the chapter from the beginning.

While You Read
- Read looking for key information tied to your purpose. Talk to yourself while reading. Ask yourself, "Is this the point I'm looking for?"
- Vary your speed as you read. Notice when you are reading background material that isn't tied to your purpose and read more quickly. Slow down when you notice that you are coming to a section, paragraph or sentence where the important information is that you need to know.
- Look for key words signaling important information. Like: Boldface words, bulleted points, words that signal examples ("to illustrate, for example"), or order (next, before, after), additional ideas (furthermore, in addition), conclusions (therefore, in conclusion), contrasting ideas (on the other hand, by contrast), summaries (in conclusion, to sum up).
- Always read with a pen in your hand! Highlighting, underlining, and taking notes while you read helps you stay focused.
- After you read a section, summarize, in your own words, what you just read. Try explaining what you just read to a friend or study partner.